“To educate is an act of love, it is to give life.” Pope Francis

I take this opportunity to thank the amazing St Brendan’s staff for the act of love which they perform for our children on a daily basis. Their energy, enthusiasm and generosity of spirit is truly life-giving.

Welcome back to the final term for 2014. Traditionally, Term 4 is always quite a busy and celebratory Term which can often pass in such a whirl that one wonders how it all came and went so quickly. I urge you to enjoy each and every opportunity that the Term brings and to be very conscious of all God’s gifts during this time.

It is with great delight that I announce the second pregnancy for Mr and Mrs Peterson who are expecting their child towards the end of first Term 2015.

I thank all of you for the support that you have given to Mrs Jo Spek and her family during this time of sadness. Many of you may know that the same tireless energy and goodwill which Jo shares with this community was also extended to her beloved father whom she cared for on a daily basis.

I offer my deep gratitude to the many parents who continue to work tirelessly to support our school in many capacities. Most especially at this time, I thank the ‘kindergarten playground painting fairy’ who worked hard late last term and during the holiday break to revitalise the snake and hopscotch markings. You will also notice that the area to the front of the staff car park has been fenced to create a play environment for Kindergarten and Year One. There are some lovely trees which will provide shade in summer and seats for the children to utilise. This will also be an area where they can engage in ball games.

I acknowledge the support of the Catholic schools Office who assisted with the shortlisting of applicants for the Canteen Manager’s position. I am pleased to announce that Mrs Tracey Marley has been appointed to this position. Tracey was successful from a significant number of applicants and has many years of experience both in a volunteer and a paid capacity. I am sure you will join me in welcoming Tracey to St Brendan’s. The canteen will open 5 days a week during Term 4. Mrs Michelle Andrews will continue to manage the canteen on a Wednesday during Term 4. I take this opportunity to thank Michelle for her wonderful contribution.

Please remember that the 17 November is a Staff Development Day (Pupil Free) and staff will be working off-site. The day centres on the theme of nurturing spirituality.

I beg your patience and consideration for the first few weeks of this term as St Brigid’s parent community again share our car park. It is anticipated that this arrangement will last no longer than a fortnight and is due to St Brigid’s fulfilling Council requirements. I remind you not to park on the grassed area between our school and the high school. I still await the outcome of a request for a review to the parking fines issued last term.

I remind you that the school’s sport uniform is predominantly white joggers. I appreciate that many children prefer the coloured joggers but ask that you honour the commitment made upon enrolment and insist on white shoes. All students are expected to be in full summer uniform. If you are experiencing difficulty purchasing the uniform due to availability or finances please don’t hesitate to contact me.

The leadership team is currently interviewing for teaching positions for 2015 and I will keep you updated on the outcome of these interviews.
School photos will be taken next Monday 13 October; please ensure you have returned the photo envelope to your child’s teacher. Children should be in full summer uniform.

Kind regards
Luanna

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Message from the Assistant Principal

Welcome back! Another exciting Term has started – happy faces and children eager to learn!

I had an interesting conversation with three of our students today. The children concerned often get worried when they find aspects of their work difficult. They have been trying hard to not let problems they face with their work upset them, but sometimes find some things overwhelming.

I shared a story with them regarding the current interviews that we are conducting and how each of the people we have interviewed comment on the need to work collaboratively and feel comfortable with learning from their peers and asking for help when faced with tasks that they are having difficulty with. This is exactly the attitude we are fostering for the students in our care.

I always say to students that ‘mistakes are not bad’, it is what we do after that makes the difference! Encourage your children to embrace the mistakes and difficulties they face and work with others to solve their problems. Please remember that there are lots of avenues for the St Brendan’s community to work collaboratively so that all are successful!

Children (and parents) can talk to their teachers; they can access means of communication through the Lighthouse site; and we all have access to our PBL email – [ROSE@dbb.catholic.edu.au](mailto:ROSE@dbb.catholic.edu.au).

Enjoy the Term!

Craig McNee
Assistant Principal

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Religious Education News

DATES TO REMEMBER:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 15 October</td>
<td>Year 2 Mass</td>
</tr>
<tr>
<td>Thursday 16 October</td>
<td>Volunteer Services Thank You Liturgy</td>
</tr>
<tr>
<td>Wednesday 22 October</td>
<td>Year 1 Mass</td>
</tr>
<tr>
<td>Wednesday 29 October</td>
<td>Kinder Mass</td>
</tr>
<tr>
<td>Saturday 15 November</td>
<td>Parish Family Mass</td>
</tr>
</tbody>
</table>

PRAY FOR PEACE

Welcome back to term 4 to all our families! This week is Mission Week and the children are all looking at ways in which we can help those less fortunate than ourselves. The best way we can help those in need is to pray for them. There are many people in the world at the moment living in fear of persecution and war. We are encouraging the children to pray for these people and we encourage all adults to do the same. We should not under estimate the power of prayer.

Kell York
Religious Education Coordinator.
## SPIRIT OF ST. BRENDAN'S AWARDS

<table>
<thead>
<tr>
<th>Class</th>
<th>K Red</th>
<th>K Blue</th>
<th>K Green</th>
<th>1 Red</th>
<th>1 Blue</th>
<th>1 Green</th>
<th>2 Red</th>
<th>2 Blue</th>
<th>2 Green</th>
<th>2-2</th>
<th>3 Red</th>
<th>3 Blue</th>
<th>4 Red</th>
<th>4 Blue</th>
<th>5 Red</th>
<th>5 Blue</th>
<th>6 Red</th>
<th>6 Blue</th>
<th>K-6 Green</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Bella S</td>
<td>Angus H</td>
<td></td>
<td>Ella B</td>
<td>Max I</td>
<td>Griffin S</td>
<td>Chloe DeB</td>
<td>Claire C</td>
<td>Tahlia R</td>
<td>Blake B</td>
<td>Malia L</td>
<td>Ryley C</td>
<td>Kaylee N</td>
<td>Jaymes R</td>
<td>Matti F</td>
<td>Oliver Y</td>
<td>Ebony B</td>
<td>Lucinda M</td>
<td>Abbey H</td>
</tr>
</tbody>
</table>

## MERIT AWARDS

<table>
<thead>
<tr>
<th>Class</th>
<th>Class Award</th>
<th>Class Award</th>
<th>Rose Award</th>
</tr>
</thead>
<tbody>
<tr>
<td>K Red</td>
<td>Olivia H</td>
<td>Angelo C</td>
<td>Loulou A</td>
</tr>
<tr>
<td>K Blue</td>
<td>Layla-J R</td>
<td>Nicholas P-D</td>
<td>Kayla A</td>
</tr>
<tr>
<td>K Green</td>
<td>Charli J</td>
<td>Cohen H</td>
<td>Abigail K</td>
</tr>
<tr>
<td>1 Red</td>
<td>Ella B</td>
<td>Lily M</td>
<td>Joslyn S</td>
</tr>
<tr>
<td>1 Blue</td>
<td>Thomas D</td>
<td>Isla C</td>
<td>Chloe W</td>
</tr>
<tr>
<td>1 Green</td>
<td>Tali K</td>
<td>Charlie W</td>
<td>Ronan M</td>
</tr>
<tr>
<td>2 Red</td>
<td>Zacoda C</td>
<td>Courtney C</td>
<td>Ethan R</td>
</tr>
<tr>
<td>2 Blue</td>
<td>Hannah M</td>
<td>Mason H</td>
<td>Fletcher K</td>
</tr>
<tr>
<td>2 Green</td>
<td>Jenna D</td>
<td>Rhianna J</td>
<td>Ryan C</td>
</tr>
<tr>
<td>K-2</td>
<td>Harrison S</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3 Red</td>
<td>Lachlan R</td>
<td>Chloe B</td>
<td>Teagan M</td>
</tr>
<tr>
<td>3 Blue</td>
<td>Luke K</td>
<td>Willow R</td>
<td>Sarah D-S</td>
</tr>
<tr>
<td>4 Red</td>
<td>Kai D</td>
<td>Graham M</td>
<td>Anthony P</td>
</tr>
<tr>
<td>4 Blue</td>
<td>Zac K-B</td>
<td>Lachlan W</td>
<td>Kiera J</td>
</tr>
<tr>
<td>5 Red</td>
<td>Anthony T</td>
<td>Oscar K</td>
<td>Mia C</td>
</tr>
<tr>
<td>5 Blue</td>
<td>Jonathan P</td>
<td>Shania B</td>
<td>Dylan C</td>
</tr>
<tr>
<td>6 Red</td>
<td>Monique V</td>
<td>Abbey B</td>
<td>Alyssa B</td>
</tr>
<tr>
<td>6 Blue</td>
<td>Declan G</td>
<td>Courtney J</td>
<td>Tyler D</td>
</tr>
</tbody>
</table>
Positive Behaviour for Learning (PBL) is a broad range of systemic and individualised strategies for achieving important social and learning outcomes while preventing problem behaviour. At St Brendan’s Catholic Primary School, we believe that all students, their families and staff have the right to a safe and supportive learning environment. Therefore all staff, students and families share a responsibility to teach, foster, promote and encourage positive behaviours from all students. At St Brendan’s Catholic Primary School we believe in adopting proactive strategies for defining, teaching, and supporting appropriate student behaviours in order to enhance learning.

At St Brendan’s we teach PBL using our ROSE Rules.

<table>
<thead>
<tr>
<th>Respect Others Self Environment</th>
<th>Respect Others</th>
<th>Respect Self</th>
<th>Respect Environment</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>All Areas at All Times</strong></td>
<td>Speak and act with kindness</td>
<td>Do your Best</td>
<td>Care for belongings</td>
</tr>
<tr>
<td></td>
<td>Safe hands</td>
<td>Make good choices</td>
<td>Care for our surroundings</td>
</tr>
<tr>
<td></td>
<td>Be a good listener</td>
<td>Be in the right place at the right time</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Only including, no excluding</td>
<td>Care for your appearance</td>
<td></td>
</tr>
</tbody>
</table>

Children who break these rules will be given a ‘Long Time Out’. When a long time out is given, parents/caregivers will be notified by way of a green slip which outlines the incident. Parents/caregivers are asked to sign this slip and return it to the class teacher to show that they are aware that the child has broken the school rules. The slip is not to ask permission for the time out to occur, but rather to notify you of the behaviour so that you can discuss it with your child.

The manner in which a long time out is carried out is determined by the teacher who has dealt with the instance where the school rule was broken. The time out seeks to restore the harm caused by the broken rule e.g. If a child is not in the right place at the right time resulting in them not completing a set task, they may be asked to complete their work during playtime.

Please see Mrs Ward if you would like to clarify your understanding of our ROSE rules and/or our procedure for ‘Long Time Out’.
Welcome back to all our fabulous St Brendan's families, I hope you enjoyed your break with family and friends

‘Circle of Security’
Catholic Care will be running ‘Circle of security’ every **Wednesday morning** from **8.30-10.30** and again in the evening **from 6-8pm, starting next week**. The Circle of Security is a way of thinking about children that enables carers and educators to look beyond the children’s immediate behaviour and think about how to meet their relationship needs. The Circle of Security helps you observe the different ways that children approach you to seek support and make use of your help. It assists you in understanding children when their behaviour is causing distress, to you and their peers, and in planning how to meet their needs. The Circle of Security helps you to look beneath children’s behaviour to discover their genuine relationship needs. **Please look at flyer attached for more details.**

*October is Mental Health Month - Let's look after each other*

**Online mental health**
Some people feel embarrassed to ask for help. Online you can be anonymous and find support anywhere, anytime. Please be aware that the information on our website is not intended as a substitute for professional advice. You should see a qualified health provider about any concerns.

- beyondblue resources and information about depression and anxiety
- Black Dog Institute an educational, research, clinical and community-oriented website aimed at improving understanding, diagnosis and treatment of mood disorders
- dNet a range of interactive human services using online technologies for Australians living with depression
- HealthInsite information on a wide range of health topics
- InfraPsych Australia online support for people with a mental illness, their carers and health professionals
- Lifeline Australia self-help tool kits for a range of mental health issues
- Men's Line Australia 1300 78 99
- Moodgym online behaviour therapy tool designed to prevent depression
- Multicultural Mental Health The MHIMA project is funded by the Australian Government, Department of Health & Ageing to provide a national focus for advice and support to providers and governments on mental health and suicide prevention for people from culturally and linguistically diverse (CALD) backgrounds.
- Post and Antenatal Depression Association of Australia (PANDA) HelpLine 1300 726 306
- SANE Helpline - 1800 18 SANE (7263)
- Suicide Call Back Service 1300 659 467, Free nationwide counselling
- Suicide support line Access to Allied Psychological Services program (ATAPS) 1800 859 585

**Children and young people**

- headspace for young people aged 12–25; information and support at a time that suits you
- Kids Help Line online counselling, information and support for young people 5 to 18 years
- Itsallright contains diaries of four fictional teenagers touched by mental illness, including fact sheets on schizophrenia, bipolar disorder, depression and anxiety disorders
- Reach Out! helps under 25s with everyday questions through to tough times. Visit now to get the tools you need to make life easier
- YBblue is beyondblue’s website to help young people aged 18–25 years deal with depression.

For emergency help visit Emergency services and help lines.
‘Brave online’ [https://brave4you.psy.uq.edu.au/]

The BRAVE Program is an interactive, online program for the prevention and treatment of childhood and adolescent anxiety. The programs are free, and provide ways for children and teenagers to better cope with their worries. There are also programs for parents.

Clothing Swap – Recycling Week 10th -16th of November, to celebrate we are having a swap party on Friday 14th of November from 2.30 -6 in the hall.

Swap Parties are the latest way to update your wardrobe or cupboard without buying new things. At the Swap Party we will get together to swap items – from ladies clothes, handbags, shoes and kids clothes. The phenomenon become famous with glamorous ‘swishing’ parties of high-fashion clothes, but the concept is simple just bring in clean clothes in good condition to swap. It’s fun and green. We will accept clothing from Monday 10th November. You just:

1. Bring along good quality, clean items you no longer want.
2. Browse what others have brought;
4. Buy a bag for $5 to put your new items in.

I hope everyone has cleaned out there wardrobes!!!

Jo Spek – Family Liaison Officer

YEAR THREE EXCURSION - Wow, what a fantastic day we had on our excursion!! Thanks to all our wonderful parents who gave up their valuable time to join us. We started out boarding the bus. Then after spotting Ploddy on the way we crossed the Harbour Bridge, sighted the Opera House and arrived at the NSW Art Gallery.

Then the challenge was on to see who could find the paintings on our list!! We found a stagecoach being held up by bushrangers, soldiers fighting, farms and farmers, sheep being shorn and of course, Ned Kelly.

After a quick bite to eat in the park, and surviving those inquisitive birds that tried to steal our lunches, we headed to Hyde Park Barracks.

The Barracks have been restored to look like they did way back in the 1800s. We heard the bells chime to tell everyone in Sydney what time it was and then we found out how people lived way before innerspring mattresses and the internet. We saw letters and journals and pictures of houses without toilets. We had a catnap in a hammock and played with the toys of the time......knucklebones made from lamb bones and dominoes made from stones. We even saw where prisoners hid their games.......but we won’t tell!

Wild About Harry (and Sarah))!!
Stage Two were lucky to receive a visit from two NSW Cricketers on 18/9/14. Sarah Coyte is a current State and Australian player, having represented NSW since she was 11 years old. Sarah is a bowler who is also handy with the bat, having scored many centuries in her National appearances. Sarah was part of the world champion Southern Stars team, which won the T20 World Cup earlier in 2014. Harry Conway is currently a rookie player with NSW and bowls at around 130kmp/h. At 22years old and over two metres tall, Harry made a real impression with the students. The players assisted with the cricket games and visited classrooms to talk about their lives in cricket. For Year Three the highlight was the Big Bash challenge, where our two best batters faced a ball from each of the NSW bowlers. Of course, both our batters hit the bowlers for six!!
WELCOME to Thomas S (2Blue) and Kiara S (5 Blue) who joined St. Brendan’s community this week.

SCHOOL PHOTOS – Don’t forget to send in your money for school photos next Monday 13th October. Full summer uniform please.

CLOTHING POOL – This Friday 10th October 2014 from 8.00 to 9.00am

LOST – Trinity F (2Red) has lost a brand new Taslon jacket size 8. It has her name on it.

SWANSEA SWIMMING CLUB – Registration Day Tuesday 14th October at 6.00pm Swansea Swim Centre, Channel Street, Swansea. For more information contact Nikki 4971 5061 or Julianne 0414 761 806.

DATES TO REMEMBER

Oct  Thu  9th Waratah Shield Cricket
      Fri  10th Assembly 8.20am; Clothing Pool 8-9am; CCC Cricket
      Mon  13th School Photos – full summer uniform
      Wed  15th Yr 2 Mass 9am; Circle of Security 8.30-10.30 & repeated 6-8pm
      Thu  16th Thanksgiving Liturgy for Volunteer Services 10.30am
      Fri  17th Assembly 8.20am
      Tue  21st Touch Footy Gala Day; PPC 7pm St. Brendan’s
      Wed  22nd Yr 1 Mass 9am; Circle of Security 8.30-10.30 & repeated 6-8pm
      Fri  24th 8.20am Assembly; CCC Cricket Finals
      Tue  28th Year 5 Enrichment Day at St. Brigid’s
      Wed  29th POP UP Playgroup 9-10.30am; Circle of Security 8.30-10.30 & repeated 6-8pm;
            Kinder Mass 9am

Nov  Sat  1st Assembly 8.20am; Day for Daniel (awareness raising); G & T Visual Arts Day at Wyong
     Sun  2nd All Saints Day
     Wed  5th Circle of Security 8.30-10.30 & repeated 6-8pm
     Fri  7th Assembly 8.20am; NRMA Visit
     Wed  12th Stage 3 Mass 9am; Circle of Security 8.30-10.30 & repeated 6-8pm
     Fri  14th Assembly 8.20am; Swap Party – 2.30-6.00pm in the hall
     Sat  15th Parish Family Mass 5pm

Mon  17th Staff Development Day – Pupil Free

Dec  Mon  1st Year 2 Swimming; Advent Liturgy; Carols on the Oval 5.10pm
     Tue  2nd Year 2 Swimming – Outstanding Swimming Awards
     Wed  3rd Yr 2 Swimming; Circle of Security 8.30-10.30 & repeated 6-8pm
     Thu  4th Yr 2 Swimming; Yr 5&6 Sleep Out (Leadership Camp)
     Fri  5th Year 2 Swimming; Assembly 8.20am
     Sat  6th Carboot Sale (TBC)
     Mon  8th Advent Liturgy
     Wed  10th End of Year Thanksgiving Mass 9am, followed by final assembly; Thank you morning tea
          volunteers
     Fri  12th PPC – End of Year Thanksgiving Gathering
     Mon  15th Advent Liturgy; Yr 6 Pt Wollstonecraft. End of Year Mass at St. Brigid’s.
     Tue  16th Year 6 Farewell Mass 5.00pm; 6.30pm Lake Munmorah Bowling Club
     Wed  17th Last Day of Term
Close and Secure attachment in early childhood has proven to be extremely important in providing a child with a basic, healthy trust in life and people.

Location: St Brendan's Catholic Primary School
Start Date: Wednesday 15th Oct
Time: 8:30am-10:30am
or
6pm-8pm
Cost: Gold coin donation

Contact: Warnervale Family Centre PH 43562600 or Tracie on 0431815882
OR
Jo Speks c/o St Brendan's School
PH 43581501

CatholicCare
Diocese of Broken Bay