PALS
Play and Learning to Socialise

PALS is an interactive social skills program playgroup for children aged between 3 and 6 years of age.

This popular and successful program aims to develop skills such as saying hello, sharing and taking turns, asking for help, managing feelings such as fear and frustration, calming down and speaking up.

Our qualified child educators will be facilitating this interactive program with your children and you to demonstrate and practice these skills, which are an important pre-requisite for starting school.

The program runs for 8 weeks during school terms
Term 1 2017 will run on Thursdays from 16 February to 6 April 2017 between 10.00 am and 12.00 noon
at Northern Lakes Family Centre
Colongra Bay Hall, 1 Colongra Bay Road, Lake Munmorah

Parents/carers are requested to provide their child with a healthy morning tea.

For further information and bookings please contact
Vickie Robson at Uniting Burnside on 0455 090 041
or Dianne Kingi on 4350 9000

Email address: vrobson@uniting.org or dkingi@uniting.org