



## **WEEKLY PBL FOCUS**

At St Brendan's we are Alive in Christ when we Make Good Choices.

We show that we Respect Others
when we
SPEAK AND ACT WITH KINDNESS.



As our community prepares to transition in a Kindergarten cohort for 2020, it is appropriate to reflect on the mission of Catholic education.

St Brendan's Catholic School values a safe, disciplined environment, quality learning and good results but this must be accomplished in the context of the Gospel. The tentacles of faith formation reach into everything we do - how a subject is taught, the atmosphere in the school, the importance placed on social and emotional development, and how people treat one another.

This is why our families choose Catholic education; for St Brendan's staff it is not only what we do but why we do it!

#### Some important notes:

- ◆ We need you... to attend tonight's PAG meeting! Please come along if you are able and make a contribution through offering your ideas and opinions for how we can work together to make our school the very best place it can be. The meeting begins at 6pm and concludes by 7pm.
- ◆ This week is **Public Speaking Week** when all year groups will select three speeches across the cohort to progress to the 'Finals' on Friday, 16 August.
- ◆ Mrs Luyt and Mrs Harrison are on leave for the next fortnight. Mrs Fletcher (Year 5) and Mr Nutt (Year 4) will teach these classes.
- ◆ On Tuesday, our **Year 6 Environmental Leaders** will attend Taronga Zoo for a workshop; Mr Murton will accompany them.
- ◆ There is a meeting on Tuesday, 6 August at 8:20am (cuppa with an 8:30am start) to discuss issues relating to social media use across K-6. Please make your attendance at this meeting a priority.
- ◆ Mr McNee, **Principal from 2020**, will be at St Brendan's to attend a building meeting on Thursday morning. We will also celebrate a liturgy in honour of the **Feast of Blessed Mary MacKillop** on the silver seats at 8:20am.
- ◆ The CCC Athletics Carnival will be held on Friday, 9 August with students accompanied by Mr Banks and Mrs Nenadovic.
- ◆ There will be a K-2 Assembly at 8:20am on Friday followed by the NED Show (focus on positive relationships) for K-6 at 8:45am.
- A gentle reminder that we are at all times **role-models for all children in our community**. The way we speak to and about each other and to and about someone else's child should always be positive and kind.
- Finally, I wish to express my gratitude for the **friendly and welcoming parent and student community** at St Brendan's. Each day as I walk around the school grounds, I am overwhelmed by the sincerity of morning and afternoon greetings from both parents and students. Thank you for making my day!

## Luanna Fletcher

## **FLO NEWS**

- ◆ Please find attached the flyer for St Brendan's Trivia Night on Friday, 23 August. Bookings for teams of 8-10 people are available. To book a team at what promises to be a fun filled evening, please click here. If you don't have a team but would like to come along reply via the link and you will be allocated a team. Hurry so you don't miss out!! BYO drinks and nibbles. Volunteers are also needed to make the night a success. Please let Mrs Leahy know if you can help in any way.
- ◆ Trivia Night Prize Donations: If anyone in our parent community can spare the time to approach local businesses for prizes for the Trivia Night it would be appreciated. Please contact Mrs Leahy if you can assist. All businesses that donate to our prize pool will receive advertising on the night and a spot in our NETMA.
- ◆ AEW Morning Tea: There will be a morning tea for our Indigenous parents this coming Wednesday at 8:20am in the Parent Resource Room to welcome our new Aboriginal Education Worker, Carmen Jackson. Mr David Ella, head of Aboriginal Education for Broken Bay will be joining us. All welcome!
- ◆ Parent Education: 123 Magic Workshop Positive Parenting Solutions - Every Thursday from 8 to 29 August 2019 at 8:20am in the Parent Resource Room. Please RSVP to Mrs Leahy via email if you would like to attend - rebecca.leahy@dbb.catholic.edu.au.
- Being the Parent You Want to Be Workshop -Supporting Your Children Through Separation.
   Tuesday, 13 August - Morning Session at 8:20am and Afternoon Session at 6:00pm. Please email Mrs Leahy to attend - rebecca.leahy@dbb.catholic.edu.au.

## **Warm Clothing and Blanket Collection**

Aiden R from Year 5 is once again collecting items for homeless shelters on the Central Coast.

St Brendan's families have been supporting Aiden with this initiative for the past 2 years.

If you can help out in any way please send donations to Ms McDonnell in 3 Green and they will be passed directly to local shelters by Aiden and his family.





Mon 5 Aug: PAG Meeting (6:00pm)

**Tue 6 Aug:** School and Social Media Meeting (8:20am)

Kinder Numeracy Evening (5:30pm)

**Thu 8 Aug:** St Mary of the Cross Mackillop Liturgy (8:20am)

123 Magic Workshop (8:20am)

Learning Together Playgroup (9am-10:30am)

Fri 9 Aug: K-2 Assembly (8:20am)

NED's Mindset Mission - Resilience (8:45am)

**CCC Athletics Carnival** 

Tue 13 Aug: Being the Parent you Want to Be Workshop

(Morning at 8:20am & Afternoon at 6pm)

Thu 15 Aug: Storytime (8:40am)

Yrs 4, 5 & 6 Assumption Mass (9am)

123 Magic Positive Parenting Workshop (8:20am)

Fri 16 Aug: Book Parade (8:30am)

K-6 Public Speaking Grand Final

## St Brendan's Students Are Writers!

## Authors



## By Monet A in 2 Red

One rainy day in the forest there was a house that looked creepy. Luna went to check it out. Luna is 18, she is very nice, she loves pizza and her best friend is a ghost. The ghost loves ice cream. His best friend is Luna.

The house had an off room, a room you don't want to be in.

In the off room, things are shaking and spirits found out Luna is in the off room. The ghost saw Luna was scared and he felt bad and tried to help her.

The ghost gave Luna a necklace. Then they went to the park. It was a fun day. They smelled hot dogs and fresh green grass. When they went home, they ran into the not

so haunted house. "We had lots of fun" they both said.

They are friends now. They had apple pie and they will not stop being friends.



## Staff Spotlight

Shining the Light on the Wonderful Staff at St Brendan's



## Ms Katrina Gordon

Literacy Coordinator

Things I like:

Animals, music, dancing and watching a good movie.

#### **Favourite food:**

Garlic prawns and chicken schnitzel with mushroom sauce and mash potato.

Favourite book: Anne of Green Gables.

What you enjoy doing on weekends:

Spending time with my family,
walking along the lake and going to markets.

## Hobby:

Baking, reading and researching the property market.

What you love most about working at St Brendan's:

The community spirit - we are all in this together!

Funny fact about yourself:
I have performed CPR on my drowning pet pigeons and they survived!









# 1-2-3 MAGIC<sup>®</sup> & EMOTION COACHING PARENT COURSE

Learn to manage difficult behavior in children 2-12 years old

A four-session program for parents and carers

at

St Brendan's Catholic School, Lake Munmorah
Parent Resource Room

on

Thursdays - 8, 15, 22 & 29 August 2019

#### Learn:

- ✓ How to discipline without arguing, yelling or smacking.
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

## Parents will receive:

• A 1-2-3 Magic & Emotion Coaching Parent Workbook

#### Registration Fee?

\$10 take home workbook fee

Register for this course by contacting: St Brendan's Family Liaison Officer - rebecca.leahy@dbb.catholic.edu.au

## What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self-control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realised quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control.

## Who is running it?

The presenter for this course is

CSO Family Liaison Officer, Rebecca Leahy
who completed *Parentshop's 1-2-3 Magic® & Emotion*Coaching practitioner training in 2016.

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au