

Growing Up Online

St Brigid's Catholic College, Lake Munmorah

5th March 2018

6.30pm - 8.00pm

Please RSVP to stbrigids@dbb.catholic.edu.au by 28th Feb, 2018



Susan Mclean is Australia's foremost expert in the area of cybersafety and young people. Susan has conducted extensive research and completed advanced training in this area in both the USA and UK and is a sought after presenter and advisor to Schools, elite sporting bodies and both State and Federal Governments. Susan has authored resources for the Victorian DET, writes and reviews school Policy, provides crisis management/advice to schools and is afforded 'expert' status on the Safer Internet Programme Database. She is also a member of the Australian Government's Cybersafety working group and a published author. Her book 'Sext's Texts & Selfies', is the definitive parents' guide to helping their children stay safe online.

An informative and entertaining session for parents and carers delivered with her famous 'no nonsense' approach. Susan will cover topics about the positive benefits of technology as well as what parents need to be aware of:

- What are kids doing online – popular social networking sites and apps. What they are, what are the legal ages to use them and why these rules should be obeyed. The difference between an 'online friend' and a 'stranger'.
- Online grooming – what is it and when/how does it occur? What are the warning signs and what to do if you suspect this is happening to your child.
- Cyberbullying - what it is, where it happens, what it looks like, how to prevent and what to do if it occurs. Also what are the legal consequences and the possible criminal charges?
- Sexting' – the taking and sending of explicit images...what are the REAL consequences?
- Potential dangers and safety tips – how to assist the children in your care to stay safe online.
- Learning the lingo.....being able to converse with your children in the language of cyberspace.
- Problematic Internet use and gaming issues.
- Office of the eSafety Commissioner – role, resources and reporting.
- Be confident in setting rules and boundaries around Internet use in the home. It's OK to say NO.

What Susan doesn't know about Cybersafety is not worth knowing! She is absolutely brilliant and her presentations are dynamic and entertaining. She has the unique ability to connect with each audience from young people to adults.

(Dr Michael Carr-Gregg Adolescent Psychologist)

Visit www.cybersafetysolutions.com.au for more information.