



St. Brendan's Catholic Primary School
Lake Munmorah

St Brendan's NETMA

Week 8, Term 3

Monday, 10 September 2018

The Examen

The *Examen* is a method of reviewing your day in the presence of God. It's actually an attitude more than a method, a time set aside for thankful reflection on where God is in your everyday life. It has five steps, which most people take more or less in order, and it usually takes 15 to 20 minutes per day. Here it is in a nutshell:

1 Ask God for light

I want to look at my day with God's eyes, not merely my own.

2 Give thanks

The day I have just lived is a gift from God. Be grateful for it.

3 Review the day

I carefully look back on the day just completed, being guided by the Holy Spirit.

4 Face your shortcomings

I face up to what I can improve on - in my life and in me.

5 Look toward the day to come

I ask where I need God in the day to come.



Adapted from
A Simple Life-Changing Prayer
by Jim Manney © Loyola Press

Some important notes:

- ◆ Thank you to all the families who attended the **Parish Family Mass on Saturday**.
- ◆ **Good luck to Madison H**, who will be representing our school at the Diocesan Public Speaking Grand Final tomorrow.
- ◆ We have been advised by Busways that some drivers may stop work between 6am and 7am and between 4:30pm and 5:30pm tomorrow (Tuesday, 11 September). **All school bus services will operate, however there may be some flow-on effect which could cause some minor delays in the early AM and late PM school peak periods.** Busways would like to assure the school community that Busways will make every effort to ensure services run on time however, appreciate your understanding if some are delayed. If you have any questions, please contact Busways Customer Service Team on 9497 1870.
- ◆ This week we have a number of students representing our school at the **NSWCPS Netball Carnival** tomorrow and the **Cricket Gala Day** this Thursday. We wish them all the best and hope they enjoy themselves!
- ◆ Parents and carers are warmly welcome to join **Years 3 and 4 for Mass** on Wednesday at 9:00 am.
- ◆ This Friday, 14 September, St Brendan's will be hosting the **Diocesan Indigenous Parent Engagement Day**. There will be an official opening welcome and smoking ceremony at 9:30 am on the silver seats. Following the opening there will be cultural workshops and guest speakers before a beautiful catered lunch. All parents are invited to attend this special day. For catering purposes could you please RSVP to Mrs Leahy at rebecca.leahy@dbb.catholic.edu.au. **Please note that the K-2 Assembly has been cancelled due to this special event.**
- ◆ Our **Community Pantry is in desperate need of donations** of non-perishable food items and personal hygiene products (soap, toilet paper, etc). Please send to Mrs Leahy via the school office. Any donations would be greatly appreciated.
- ◆ Click on the following link to find out information regarding the **Central Coast Council's SportsFest 2018** being held on 22 and 23 September in Bateau Bay. [Sportsfest 2018 | Central Coast Council](#)

Have a very happy week!

Kellie Prendergast
Acting Principal

‘TELL THEM FROM ME’ SURVEYS

As part of our focus on driving school improvement, students, teachers and parents are invited to participate in a survey designed to provide data relating to the effectiveness of our school. It is important for us to have the perspectives of as many students, parents and teachers as possible.

The surveys are being conducted over the next few weeks of this term. Students will complete the survey during class time. Parent surveys will be set up during this week and you will be sent a specific link enabling you to complete the survey on a device of your choice.

It would be of great value if as many participants as possible completed the survey. I am assured it should take less than half an hour and the data collected will benefit our future planning. More information to follow.

Many thanks!

Kell York

Acting Assistant Principal



AWARDS

- Mon 10 Sep:** Year 1 Excursion to Blackbutt Reserve (9am to 2.30pm)
- Tue 11 Sep:** Circle of Security (8:30am - 11am)
- Wed 12 Sep:** Yrs 3 & 4 - Stage 2 Mass (9am)
- Thu 13 Sep:** Cricket Gala Day (Harry Moore Oval)
- Fri 14 Sep:** Storytime (8:50am - 9:30am)
CSO Indigenous Parent Engagement Day (9:30am - 2pm)
- Tue 18 Sep:** Circle of Security (8:30am - 11am)
Netball & Soccer Gala Day (Yrs 3 & 4)
- Wed 19 Sep:** Kindergarten Mass (9am)
- Thu 20 Sep:** Full Dress Rehearsal for School Concert
- Fri 21 Sep:** Years 3-6 Assembly (8:20am)
Storytime (8:50am - 9:30am)
Netball Gala Day (Yrs 5 & 6)
- Sat 22 Sep:** Confirmation Ceremony
- Tue 25 Sep:** Circle of Security (8:30am - 11am)
- Wed 26 Sep:** Kinder Transition (8:45am - 10:15am)
- Thu 27 Sep:** School Concert (matinee & evening performances)
- Fri 28 Sep:** K-6 Spirit of St Brendan Awards (8:20am)
LAST DAY OF TERM 3
- Mon 15 Oct:** Staff Development Day (Pupil Free Day)
- Tue 16 Oct:** **FIRST DAY OF TERM 4**
- Fri 19 Oct:** CCC Cricket (Waratah Shield)
- Thu 25 Oct:** School Disco -
Infants - 5pm to 6:10pm
Primary - 6:15pm to 7:30pm

	Class	Class	Rose
K Blue	Jaykob W	Jacob P	Charlotte M
K Green	Layla V	Nate P	Sunni W
K Red			
1 Blue	Lachlan W	Mackenzie C	Marshall L
1 Green	Sophia C	Oliver A	
1 Red	Max Y	Ella W	Noah R
2 Blue	Savanna M	Hayden B	Olivia R
2 Green	Madalyne P	Samuel F	Makenzie G
2 Red	Ben M	Guy H	Ella R
3 Blue	Leon M	Bronte S	Tristan F
3 Green	Kate G	Taytum S	Gracie C
3 Red	Ilah B		Jackson W
4 Blue	Ashton B	Chelsea B	Will B
4 Green	Jesse L	Chelsea T	Bryce L
4 Red	Eli M	Hannah M	Lakota S
5 Blue	Ella K	Sienna M	Amelia K
5 Green	Cooper M	Jacinta W	Emily G
5 Red	Annalese H	Sophie P	Jacinta A
6 Blue	Nathaniel R	Jack I	Kahli B
6 Red	Katey B	Jenna D	Kallen M
HIVE K-2			