

A Parent Retreat Day

'Ancient Wisdom, Contemporary Lives'

Rest
Refresh
Renew



'Come away to a quiet place by yourselves and rest a while.'

Mark 6:31



Friday 2nd Nov 2018. 9am-4pm
St Joseph's Spirituality Centre
8 Humphrey's Rd, Kincumber South

Cost: \$20 suggested donation (pay on the day)

Bookings: Sallyanne.butel@dbb.catholic.edu.au RSVP: 20th Oct

Guest speaker: *Rabbi Gad Krebs*

Followed by Workshops & Walks by the Water.

How do we tap the **deep wisdom** of our **life experience**, **family ancestry** and **faith tradition**, and pass on to our children what is most precious to us? Join us for a restful day of '**soul food**' and reflection in a beautiful **natural** environment, on **sacred** ground where St Mary MacKillop, and indigenous Australian ancestors, once walked.

[Details overleaf]

2nd November is

All Souls Day

Join us in a Mass of
remembrance for our loved
ones at 2pm.



Program



Rabbi Gad Krebs

Rabbi Gad, from Masada Synagogue, St Ives, is married to Tamar and they have four children. He is a gifted speaker and a generous contributor to education initiatives in our Diocese and beyond.



'Dialogue and friendship with the Jewish people are part of the life of Jesus' disciples.' - Pope Francis

The overall program will be facilitated by team members of CSO Broken Bay.

More about our Retreat Day

And tips to make the most of it!

Fri 2 Nov 2018

- 9.00 Gather
- 9.15 Rabbi Gad Krebs
- 10.45 Morning Tea
- 11.15 Workshop #1
- 12.30 Lunch
- 1.00 Workshop #2
- 2.00 All Souls Day Mass
- 2.45 Workshop #3
- 3.30 Free time
- 4.00 Finish

Mark the calendar! Take time off work. Organise a babysitter. Car pool, enjoy the journey together!

The Workshops invite storytelling and journaling around the important events and people who have shaped our lives. The process is gentle, allowing each person to enter at their own pace.

Workshops also allow for optional solo or small group walks in the grounds, including use of Labyrinth and Stations of the Cross by the lake.

We will finish by 3.30, allowing you till 4pm to linger in the beautiful grounds if you wish.

If you can only make part of the day, we understand! Please RSVP for catering purposes.

Cost: Suggested donation \$20. Donation box available on the day.

We continue Walking the Way

Despite every obstacle imaginable, the Jewish people have managed to maintain their traditions over millennia, with a remarkable capacity to adapt and innovate while drawing on the ancient wisdom of their ancestral faith.

The role of family, home, and scripture is central to this dynamic.

What can we, as Catholic parents, learn from Jewish families in our own efforts to pass on to our children the deep insights of our life experience, our faith, our ancestry, our scriptures?

This retreat day allows for gentle reflection and space to get in touch with 'who' and 'what' is most dear to our hearts, to rediscover the deep wisdom of our faith tradition as we walk with our children in faith, hope and love.

A special day to draw close to those we love and miss

2 Nov is All Souls Day, a special day when Catholics remember and pray for their deceased loved ones. Our Mass will be an opportunity to do that. You may like to bring with you a small symbol that reminds you of a loved one (a flower, a photo, a momento) to have with you during the day's reflections and/or to place at the sacred space.



An initiative of the **Walking the Way** Parent Formation Program
Catholic Schools Office, Diocese of Broken Bay

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