

SUNFLOWER EATERY MENU 2019

****WE ARE OPEN EVERY DAY OF TERM****

Phone: 43581501

Canteen Manager: Tracey Marley

RECESS/SNACKS

Fresh fruit pieces	\$0.30
Cheese & Crackers	\$0.40
Fruit Salad Cups	\$0.50
Jelly	\$0.70
Jelly & Custard	\$1.00
Custard Cups	\$1.00
Potato Sticks	\$1.00

RECESS SPECIALS

2 or 3 of the following items are available each day:

Pizza Subs	\$1.00
Scrolls	\$0.60
Mini Nachos	\$1.00
Mini Potato Pies	\$1.00

DRINKS

Juice: OJ, Apple & Apple Blackcurrant	\$2.00
Oak Milk: Chocolate	
Banana & Strawberry	\$2.00
Up & Go: Choc & Strawberry	\$2.20
Plain Milk	\$1.50
Water: Large	\$2.00
Water: Small	\$1.00

EXTRAS

Spoon/Fork	\$0.10
Lunch Bag	\$0.10
Sauce: Tomato, BBQ	\$0.30
Reusable Lunch Wallets	\$8.00

SANDWICHES (Wraps \$1.00 extra)

Vegemite	\$1.50
Cheese	\$2.00
Cheese & Tomato	\$2.30
Ham	\$3.00
Chicken Breast	\$3.00
Chicken Lettuce & Mayo	\$3.50
Salad	\$3.50
Ham & Salad	\$4.00
Chicken & Salad	\$4.00
Toasted ADD	\$0.30

SALAD BOXES

Garden Salad	\$4.00
Lettuce, tomato, cucumber, carrot, capsicum, & cheese	
Caesar Salad	\$4.00
Lettuce, cucumber, cheese, bacon, croutons & Caesar dressing	
ADD Chicken or ham to either salad for	\$1.00

HOT LUNCHESES

Homemade Pork & Vegetable Fried Rice	\$4.00
Hamburger – homemade pattie, tomato, lettuce & sauce	\$4.00
Add cheese	\$4.50
Chicken burger – Fresh cooked	
Chicken breast, lettuce & mayo	\$4.00
Add cheese	\$4.50
Homemade bolognaise	\$4.00
Homemade macaroni & cheese	\$4.00
Mexican wrap – Warm chicken breast, lettuce, cheese & salsa	\$4.50
Freshly made pizza: Meatlovers, Ham & pineapple or cheese	\$4.00
Nachos	\$4.00
Chicken Tender	\$1.50
Lean Sausage Roll	\$2.50
Lean small Pie	\$2.20
Lean large Pie	\$3.50

OPEN FOR BREAKFAST TUESDAYS AND WEDNESDAYS

Cereal, Cheese toasties, Fruit Cups and Fresh Fruit only \$1.00

ADD A SIDE SALAD TO ANY LUNCH ORDER FOR ONLY \$1.00

LUNCH TIME TREATS

Slushies (Limit of 1 per child)	\$2.00
Quelch Fruit Sticks	\$0.60
Calippo Raspberry	\$1.00
Moosies	\$1.00
Icy Bites	\$0.20
Frozen Orange Smiles	\$0.10
Red Rock Deli Chips	\$1.30
Sumo Cookies	\$0.60



Recess specials and lunch time treats **CANNOT** be ordered on lunch bags. Students must purchase them over the counter.

Volunteers are always welcome, needed & appreciated. If you are unable to commit on a regular basis please feel free to help whenever you are available. Our peak times are 9.30am to 10.30am & 12.15pm to 1.15pm. We would love to see you.

The Sunflower Eatery endeavours to meet all the criteria of a healthy canteen. We are nut free, and use low fat products whenever available.

