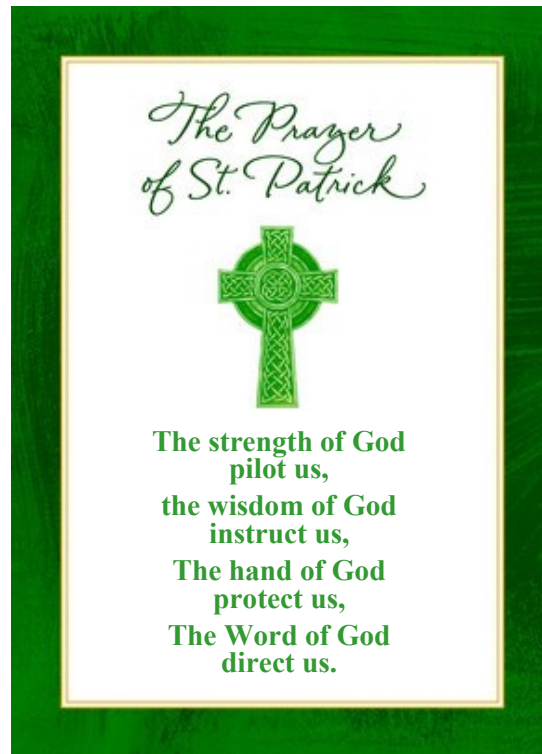




St. Brendan's Catholic Primary School
Lake Munmorah

St Brendan's NETMA

Week 8, Term 1
Monday, 18 March 2019



Some important notes:

- ◆ Parents and carers are warmly welcome to join **Year 3 for Mass** on Wednesday at 9:00 am.
- ◆ We hope our Year 6 Leaders enjoy attending the **Diocesan Year 6 Leaders Mass** on Wednesday.
- ◆ Please find attached information regarding **Harmony Day Celebrations this Thursday**.
- ◆ All parents/carers are invited to attend the **K-2 Assembly** on Friday at 8:20am.
- ◆ Students in **Years 2 to 6** will be participating in the **Athletics Field Day** this Friday. Please ensure they wear their sports uniform, hat, sunscreen and a bottle of water for the day. We will advise on Thursday if the event has to be postponed due to wet weather.
- ◆ Please join us next Monday, 25 March to celebrate the **Feast of Annunciation Mass at 9:00am**. Students from Years 3-6 will be attending.
- ◆ A reminder that a representative from **Cowan and Lewis will be onsite on Tuesday, 26 March** between 7:45 am and 9:00 am for the purpose of measuring children for their winter uniform. Uniforms can also be purchased on the day.
- ◆ All parents/carers are urged to attend the **Cyber Safety Workshop** being held on Thursday, 28 March at 6:00pm. Please register via the following **Google Form link**: <https://goo.gl/forms/4AP7zwbMHAhdtVJ2>
- ◆ Please be mindful to not stand near the pedestrian crossings in the carpark. If you have stopped to chat to other parents, please ensure you stand at least 1 meter away from the crossing to avoid blocking the view of drivers and causing confusion.
- ◆ A reminder to not park in the disability parking space at the back of the Early Learning Centre. This space is clearly marked and is the drop off and pick up point for our Disability Transport Bus.

Please keep our New Zealand friends in your thoughts and prayers after Friday's tragic events. The Prayer of St Patrick (above) is a wonderful family prayer that can be prayed together.

Luanna Fletcher
Principal



- Tue 19 Mar:** St Joseph's Feast Day
- Wed 20 Mar:** Year 3 Mass (9am)
Diocesan Year 6 Leaders Mass (11am)
- Thu 21 Mar:** Harmony Day Celebrations
- Fri 22 Mar:** K-2 Assembly (8:20am)
Yrs 2-6 Athletics Field Day
- 25 - 29 Mar:** Feast of Annunciation Family Week
- Mon 25 Mar:** Yrs 3-6 Feast of Annunciation Mass (9am)
- Tue 26 Mar:** Cowan and Lewis Uniform Fitting & Purchase (7:45am - 9am)
- Wed 27 Mar:** The Grand Grandparent's Workshop (8:30am)
- Thu 28 Mar:** **Keeping Your Child Safe Online Workshop (6:00pm)**
- Fri 29 Mar:** No Assembly
CCC Cross Country
- Wed 3 Apr:** Walking the Way Parent Reflection Morning - Gratitude (8:30am)
Kindergarten & Year 1 Class Mass (9am)
- Fri 5 Apr:** 3-6 Assembly (8:20am)
- Thu 11 Apr:** K-6 Spirit of St Brendan Awards & K-2 Easter Hat Parade (8:20am)
LAST DAY OF TERM 1
- Fri 12 Apr:** Staff Development Day (Pupil Free Day)
- Mon 29 Apr:** **FIRST DAY OF TERM 2 (K-6)**

SCHOOL TIMETABLE

- 7:50am:** Teacher supervision begins
- 8:20am:** Morning Bell
- 2:30pm:** End of Day Bell (No supervision after 3:00pm)

School Office is open from 7:45 am till 3:30 pm.

Telephone: 4358 1501
Email: sblm@dbb.catholic.edu.au
Website: www.sblmdbb.catholic.edu.au

NUDE FOOD DAY!

Every Tuesday is Nude Food Day. Make sure there is no disposable plastic in lunch boxes. Reusable containers only.

There will be no bins on the playground on Tuesdays so any disposable waste will need to be taken home in your child's lunch box.

This message is from our Environmental Leaders, Neve P and Jenn W-K.

Artwork created by Neve

St Brendan's Students Are Writers!



KAREENA LEE

By Kirra in 6 Red

**2x1500m Australian Champion
2x2km Australian Surf Champion
Pan Pacific OWS**

Kareena grew up with a backyard pool so she got into swimming at a very young age. From the age of two Kareena started swimming lessons and moved into squad and competing at five. She was in squad at Mingara pools and now she trains at Noosa Swimming Club. Her goal at the time was to be like her brother and someday beat him.

Kareena still remembers watching the 2000 Sydney Olympics when she was only six years old. She was in absolute awe of Susie O'Neill and decided she wanted to be just like her. Up until age seventeen, butterfly was her main event.

Being a swimmer, Kareena has to do 10 swimming sessions a week and they go for one to two and a half hours each. She also does two and a half hours of gym sessions and 2 yoga sessions a week.

Her main event in the pool is 1500m freestyle and she is currently the fastest Australian woman ever in the 1500m. In the open water she swims 10km and she does that in two hours.

Swimming has impacted Kareena's life in a big way. She has to have self-management, time management and organisation. This was especially important when she attended school and university on top of swimming. It has taught her to set goals and to be committed and resilient.

