



St. Brendan's Catholic Primary School
Lake Munmorah

NETMA Memo

Week 5, Term 1
Monday 24th February 2020

ASH
WEDNESDAY

*A clean heart create for me, O God,
and a steadfast spirit
renew within me.*

*Cast me not out from your presence,
and your Holy Spirit
take not from me."*

Psalms 51:12-13

Principal's Message

Welcome to Week 5! The term is progressing well and the student community appears very settled and happy. This Wednesday marks the beginning of the Lenten Season and an opportunity for us to renew our commitment to the faith. During Lent, we are called to pray with hope, to provide additional support to the underprivileged and undertake an action which brings us closer to God. In simple terms, this could look like: introducing a daily family prayer time; donating money to the Bushfire Appeal; and, participating in Sunday Mass as a family. [Click here for some great Lenten tips!](#)

I remind you also that the community encourages all students to take pride in their school. This includes wearing full school uniform. Please refer to the excerpt from the Handbook below to ensure your child is adhering to uniform expectations. A number of students are wearing items of jewellery, especially necklaces or earrings, which have the potential to pose a hazard to their safety.

Kind regards

Craig McNee
Principal

Important Notes

- ♦ Well done to all students who represented our school today at the **CCC Swimming Carnival**.
- ♦ Please find attached information regarding the **123 Magic Parenting Program** starting tomorrow, Tuesday 25th February at 8:20am. This is a world wide recognised program to help support parents and teach them practical parenting tools. All welcome, no RSVP required.
- ♦ We would like to invite all parents/carers to join us this Wednesday (26th February) at 11:00am for our **Whole School Ash Wednesday Liturgy**.
- ♦ Please join us on Friday morning for **Years 3 and 4 (Stage 2) Showcase Assembly at 8:20am**.
- ♦ All Catholic schools will be celebrating **Catholic Schools Week** next week; please refer to the attached flyer.
- ♦ Next Wednesday, 4th March is our community event of the year, **Grooving on the Green** which promises to be a spectacular event. Families from St Brendan's and St Brigid's are invited to join us for a family fun afternoon. Please refer to the attached flyer for further information. Please note, this event is for families of St Brendan's and St Brigid's students only.
- ♦ Next Friday, 6th March is our **K-6 Cross Country**. We hope you are able to attend to cheer on students.
- ♦ The school has been notified of a student being diagnosed with **Scarlet Fever**. Please click on the following link for further information - <https://www.healthdirect.gov.au/scarlet-fever>.
- ♦ A reminder to complete the **2020 Photograph and Video Permission Form** which was due last week. A separate form needs to be submitted for each child. [Click here to complete the Google Permission Form.](#)

DATES TO REMEMBER

Important dates for your calendar

- Mon 24 Feb:** CCC Swimming Carnival
(student representatives only)
- Tue 25 Feb:** Shrove Tuesday
123 Magic Parent Program (8:20am)
- Wed 26 Feb:** School Ash Wednesday Liturgy (11am)
- Fri 28 Feb:** Years 3 and 4 (Stage 2) Showcase Assembly (8:20am)
- Tue 3 Mar:** 123 Magic Parent Program (8:20am)
- Wed 4 Mar:** Year 4 Mass (9am)
Grooving on the Green - Family Fun Afternoon
- Fri 6 Mar:** K-6 Cross Country
- Mon 6 Apr:** Athletics Carnival at Mingara (K-6)
- Thu 9 Apr:** Last Day of Term 1

Term 2

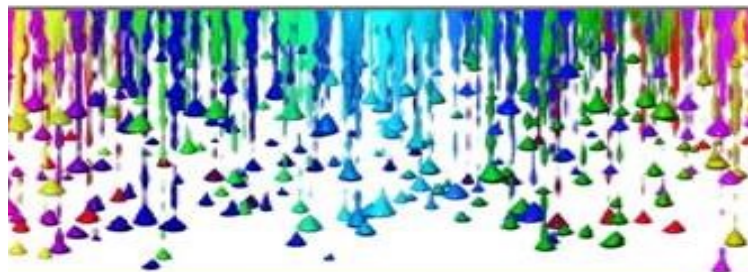
- Mon 27 Apr:** Staff Development Day (Pupil Free Day)
- Tue 28 Apr:** First Day of Term 2 (K-6)

SCHOOL TIMETABLE

- 7:50am:** Teacher supervision begins
- 8:20am:** Morning Bell
- 2:30pm:** End of Day Bell
(no supervision after 3:00pm)

School Office is open from 7:45am till 3:30pm.

Telephone: 4358 1501
Email: sblm@dbb.catholic.edu.au



ART THERAPY

(No Need to have a flare for art)

It's all about focusing on Parent Child relationships
using fun creative therapy

For parents with children 3 to 11 years of age

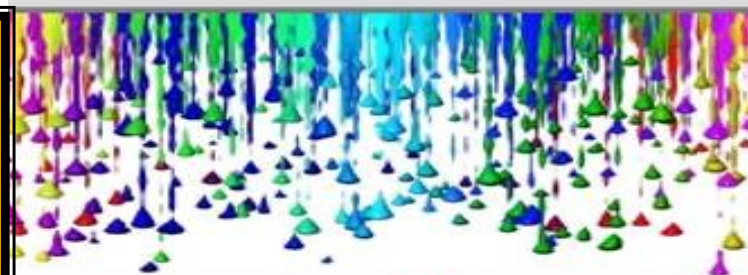
Wednesday 26th February to 18th March 2020

Time: 10.00 am to 12 noon

Colongra Bay Hall

1 Colongra Bay Road . Lake Munmorah

For bookings please phone Cathy on 4358 3148



Uniting





1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

Learn to manage difficult behavior in children 2-12 years old

A three session program for parents and carers at
St Brendan's Primary School
Parent Resource Room
on the
25th Feb, 3rd March, 10th March 8.20am-10.20am.

Learn:

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

Parents will receive:

- A 1-2-3 Magic & Emotion Coaching Parent Workbook
- A certificate of completion at the end of the course
- Morning tea is provided

Registration Fee?

There is a \$10 fee for the 123 Magic Parent Workbook

Register for this course by contacting: **The Family Liaison Officer at St Brendan's: Rebecca Leahy**
Rebecca.leahy@dbb.catholic.edu.au

What people are saying...

"I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control."

Who is running 123 Magic?

The presenter for this course is **Rebecca Leahy**. Rebecca completed Parentshop's 1-2-3 Magic® & Emotion Coaching practitioner training in 2015. Rebecca is a mother of four and Family Liaison Officer for the Broken Bay Diocese. Rebecca is a qualified parent shop practitioner.

For more information please email **Rebecca.leahy@dbb.catholic.edu.au**

- An end to the arguing and yelling!
- It saved our lives
- Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au



**The St Brendan's and St Brigid's
School Communities proudly presents...**



Grooving on the Green

**A special event for the whole family to enjoy!
Bring a rug and join us for an afternoon of fun and entertainment.
A variety of things to do and see.**

- ♦ **Craft stalls**
- ♦ **Face painting**
- ♦ **Disco**
- ♦ **DJ**
- ♦ **School band**
- ♦ **Sporting activities**
- ♦ **Petting zoo**
- ♦ **Lucky door prizes**

When:

Wednesday 4 March 2020

Time:

4:30pm - 6:30pm

Where:

St Brigid's Catholic College Lake Munmorah

Who:

The St Brendan's and St Brigid's School Community

**Bring your own picnic or purchase food
from the yummy food vendors that will be on site.**

**The St Brigid's School Cafe will have coffee and hot beverages available
and the School Canteen will be open for snacks and refreshments. Please bring some
spare change for the market stalls as EFTPOS facilities are limited.**

St Brendan's School will be open for parking.

Please click on the link if you are attending for catering purposes:

<https://forms.gle/LxxQESbxZTszgfQNA>

We hope to see you there!!!



CATHOLIC SCHOOLS WEEK



Educating **Hearts** and **Minds** Week 6

Monday: 2nd March

Join us for coffee and muffins from 7.50 am

Prayer at morning assembly 8.20 am

Open classrooms 8.30 – 9.30 am

**COME AND SEE HOW TECHNOLOGY IS
USED IN 1B, 2B, 3B, 4G, 5G, 6G AND 6B**

Wednesday: 4th March

Grooving the Green at St Brigid's 4.30 – 6.30 pm

- | | |
|----------------------|---------------------|
| - Food vans | - Craft stalls |
| - Face painting | - Disco |
| - DJ and School band | - Sports activities |
| - Petting Zoo | - Lucky door prize |

Come celebrate with friends