



Continuity of Education - Update: 02-04-2020

We are very mindful of the wellbeing of our entire School community - this is a great time to find **BALANCE** with what is happening in our lives.

Today we shared online meditation exercises on [breathing](#) and [connectedness](#) with the students through SeeSaw and Google Classrooms. These are not just for children, they are a great tool for all of us to pause, be present in the moment, breath and connect with ourselves. We will share more meditation exercises as we journey through these times.

I have had some great conversations with parents on how Home-Based Learning is going; the challenges that you are facing. One suggestion was that if parents/carers are seeking technical assistance that they ring instead of filling out our [St Brendan's - Parent Questions \(Home-Based Learning\)](#) - a great idea; if you do have a technical question, please ring and we will try and sort it as soon as possible. Another parent I was chatting to mentioned how the children are missing the 'human' factor - the chance to see and 'chat' with their peers and teachers! Over the last couple of days we have started our ZOOM chats with great success. You could really see the excitement on faces when the students connected with each other.

Rebecca, our FLO, is holding another **virtual Parent Resource Room Coffee and Chat** just for our parents and carers so they can have a break and share ideas. This will take place tomorrow (Friday) at 8:30 AM. Please click this link: <https://dbbcatholic.zoom.us/j/135489749> or join from telephone (meeting ID: 135 489 749): (02) 8015 2088

Tracey, our lovely Canteen Manager, has made some meals for those who might be in need. If you, or someone you know, would like some assistance, please use the link to the form above. We will be closing our Canteen for those at school until the end of the Term.

Remember, have **Balance** (& this is my word of the year), enjoy the time with your family, and don't forget to reach out if you need some assistance.

Regards

Craig McNee
Principal